

MSCA 09 District 04 Subdistrict - Southwest - DCM Jake email: jr@jakerubin.net

Day	Time	Location	Meeting Name	Type	GSR	Phone	E-mail	Notes
SUNDAY	8:30 a.m.	Round Table 1233 E. Fourth St @ Orange	Attitude Adjustment	WA				
	10:00 a.m.	Sun Spots (Beach)	Ocean Blvd @ Shoreline	D				
	11:00 a.m.	Round Table 1233 E. Fourth St	Friendly Fellowship	WA				
	5:00 p.m.	Round Table 1233 E. Fourth St	Roundtable	1hr/WA				
	7:00 p.m.	Trinity Lutheran Church 759 Linden @ 8th	Alanza Last Hope	S				
	8:00 p.m.	Round Table 1233 E. Fourth St	Gratitude	WA				

Day	Time	Location	Meeting Name	Type	GSR	Phone	E-mail	Notes
MONDAY	7:00 a.m.	Trinity Lutheran Church 759 Linden @ 8th	East Side Early Bird	P/1hr				
	8:30 a.m.	Round Table 1233 E. Fourth St	Attitude Adjustment	WA				
	12:00 p.m.	Round Table 1233 E. Fourth St	Turning Point	WA				
	6:00 p.m.	Catalina Island Avalon Alano Club 230 Metropole #B	First 164 Pages					
	6:00 p.m.	Round Table 1233 E. Fourth St	One Happy Hour	1hr/WA				
	7:00 p.m.	LB Senior Center 1150 E. Fourth @ Orange	Courage to Change					
	7:30 p.m.	Regate Recovery Center 1775 Chestnut @ PCH	Monday Night Speaker Meeting	S				
	8:00 p.m.	Round Table 1233 E. Fourth St	Central	WA				

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TUESDAY	6:00 p.m.	Catalina Island Avalon Community Church 340 Catalina	Living Sober					
	7:00 a.m.	Trinity Lutheran Church 759 Linden @ 8th	East Side Early Bird	P/1hr				
	8:30 a.m.	Round Table 1233 E. Fourth St	Attitude Adjustment	WA/1hr				
	12:00 p.m.	Round Table 1233 E. Fourth St @ Orange	Hour Brown Baggers	WA/1hr				
	6:00 p.m.	Round Table 1233 E. Fourth St @ Orange	One Happy Hour	WA/1hr				
	6:00 p.m.	Catalina Island Avalon Alano Club 230 Metropole #B	First 164 Pages					
	7:30 p.m.	Regate Recovery Center 1775 Chestnut @ PCH	Plug in the Jug					
	7:30 p.m.	COA Church (Basement) 515 E. 3rd @ Linden	Signing Sober	ASL/P				
	8:00 p.m.	Round Table 1233 E. Fourth St	CHIP					
	8:00 p.m.	COA Church (Basement) 515 E. 3rd @ Linden	Just Say Thanks AKA "Toledo"	P/1hr				

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WED	7:00 a.m.	Trinity Lutheran Church 759 Linden @ 8th	East Side Early Bird	P/1hr				
	8:30 a.m.	Round Table 1233 E. Fourth St	Attitude Adjustment	WA/1hr				
	12:00 p.m.	Round Table 1233 E. Fourth St	Welcome Home	WA				
	6:00 p.m.	Round Table 1233 E. Fourth St	One Happy Hour	WA/1hr				
	8:00 p.m.	Round Table 1233 E. Fourth St	Down to Earth	WA				
THURS	7:00 a.m.	Trinity Lutheran Church 759 Linden @ 8th	East Side Early Bird	P/1hr				
	8:30 a.m.	Round Table 1233 E. Fourth St	Attitude Adjustment	WA/1hr				
	12:00 p.m.	Round Table 1233 E. Fourth St	Day Lite	WA				
	6:00 p.m.	Round Table 1233 E. Fourth St	One Happy Hour	WA/1hr				
	7:00 p.m.	First Congregational Church 241 Cedar Ave (upstairs)	Harmony Group	1h				
	7:00 p.m.	Flossie Lewis Center 351 E. 6th St @ LBB	Mustard Seed	SS				
	8:00 p.m.	Round Table 1233 E. Fourth St	4019 Group	WA				

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FRIDAY	7:00 a.m.	Trinity Lutheran Church 759 Linden @ 8th	East Side Early Bird	P/1hr				
	8:30 a.m.	Round Table 1233 E. Fourth St	Attitude Adjustment	WA/1hr				
	12:00 p.m.	Round Table 1233 E. Fourth St	We are not Saints	WA				
	6:00 p.m.	Round Table 1233 E. Fourth St	One Happy Hour	WA/1hr				
	6:00 p.m.	Catalina Island Avalon Community Church 346 Catalina Ave	12 & 12	SS				
	7:30 p.m.	Lutheran Church 905 Atlantic Ave @ 9th	Mother Group	SS				
	8:00 p.m.	Round Table 1233 E. Fourth St	Topic Discussion	WA				

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SAT	7:00 a.m.	Trinity Lutheran Church 759 Linden @ 8th	Attitude Adjustment	WA				
	7:00 a.m.	Regate Recovery Center 1775 Chestnut @ PCH	Daily Attitude Adjustment	P/WA/1 hr				
	8:30 a.m.	Round Table 1233 E. Fourth St @ Orange	The Eye Opener	WA				
	2:00 p.m.	Round Table 1233 E. Fourth St	Roundtable	WA				
	5:00 p.m.	Round Table 1233 E. Fourth St	Big Book Study	BS/1hr				
	6:00 p.m.	Catalina Island Church 346 Catalina Ave	As Bill Sees It	D				
	8:00 P.M.	Round Table 1233 E. Fourth St	929 Group	WA				
	10:00 p.m.	Round Table 1233 E. Fourth St	Nite Owl	P				